



**THE
HAYLING
COLLEGE**

Happy, Healthy, High Performing

Key Diary Dates

Assemblies: Yrs 7 - 11—Celebration!

Forest School Trip

Year 8 Consultation Evening—Please book your slot using the following link:

<https://thehaylingcollege.schoolcloud.co.uk/>



Christmas Jumper Day!

Get ready to sparkle, shine and spread some seasonal cheer—Christmas Jumper Day is coming on **11th December!**

Join us in celebrating the joy of the season by donning your best (or most outrageous!) Christmas jumper and helping make the day wonderfully merry and bright for everyone.

[Christmas Jumper Day 2025 | Save the Children UK](#)

SEN Coffee Morning—Thursday 18th December

A relaxed and friendly opportunity for parents and carers to connect with our SEN team.

Come along for a cup of something warm, meet the staff who support our learners, and discover more about the provision we offer.

It's a great chance to ask questions, share any concerns in a comfortable setting, and find out how we can work together to support your child.

If you feel you would benefit from a longer conversation, you'll also be able to book a 1:1 meeting.

To attend, please book using the link below, and if you have any questions, please email us.

[SEN Coffee Morning Tickets, Thu, Dec 18, 2025 at 9:00 AM | Eventbrite](#)

We hope to see you there!

Dance Live 2026 – Get Ready!

We're super excited to let you know that Dance Live 2026 is on the way, and our students are already working hard on their routines. It's always an amazing event, and we'd love for you to come and cheer them on!

Tickets go on sale at 12:00 on Wednesday 3rd December

The big performance is on:

Wednesday 28th January 2026



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Ticket prices:

- £17.50 full price
- £16.50 concession
- + £3.75 transaction fee per booking
- Details media consent forms.

Grab your tickets here:

<https://dancelive.co.uk/tickets-2/>

Watch from Home – Live Stream Tickets!

You can now also buy tickets to watch the event live online — perfect for friends or family who can't make it in person.

Live stream tickets will be available from Friday 16th January 2026.

A couple of things to remember:

- If a student doesn't have media consent, they won't appear on the live stream.
- The live stream recording is also the video that gets uploaded to the Dance Live website afterwards.
- So please keep this in mind when filling in the Participant Details media consent forms.

We can't wait to see our students shine on stage. Thanks for all your support — Dance Live 2026 is going to be brilliant!

English

Book can be some of the most powerful tools in the world. Their power comes from their ability to make us feel seen and heard, or to connect us with experiences beyond our own and open our eyes to obstacles others face.

While physical disabilities are often the first type of disability to pop to mind when discussing this community, it also includes individuals with different types of learning disabilities, chronic illnesses, physical impairments, and psychological disorders. But this complexity is not often represented, and instead is usually stereotyped, misrepresented, or just not represented at all in a lot of media. This makes books centering disabled and neurodivergent characters and storylines— especially from disabled writers— even more important. These representations provide a realistic and authentic understanding of what it means to live with a disability.

Therefore, as part of our tutor reading programme this week, to compliment the work in assemblies on Disability Awareness, we have read an extract from 'Not If I See You First' by Eric Lindstrom. In this award winning text 'Parker Grant doesn't need 20/20 vision to see right through you. That's why she created "The Rules" which include not treating her differently because she's blind and never taking advantage. Because in Parker's mind, there are no second chances, just ask Scott Kilpatrick, the boy who broke her heart.



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When Scott suddenly reappears in her life after being gone for years, Parker knows there's only one way to react—shun him so hard it hurts. She has enough on her mind already, like trying out for the track team (that's right, her eyes don't work but her legs still do), doling out tough-love advice to her painfully naive classmates, and giving herself gold stars for every day she hasn't cried since her dad's death three months ago. But avoiding her past quickly proves impossible, and the more Parker learns about what really happened—both with Scott, and her dad—the more she starts to question if things are always as they seem. Maybe, just maybe, some Rules are meant to be broken'

If your child enjoyed the extract this week or wants to read more novels which involve characters which disabilities they may enjoy:

Yr7 and Yr8

Yrs 9 - 11

Book Title	Author	Disability / Representation
A Kind of Spark	Elle McNicoll	Autism. A powerful story about an autistic girl who campaigns for a memorial for the "witches" tried in her Scottish town, drawing parallels between history and how she is treated today. <i>Written by a neurodivergent author.</i>
El Deafo	Cece Bell	Deafness / Hearing Loss. A graphic novel memoir about growing up with a bulky hearing aid (the "Phonic Ear") and navigating school, friendships, and feeling "different."
Out of My Mind	Sharon M. Draper	Cerebral Palsy. Melody is the smartest kid in school, but no one knows it because she cannot speak or move freely. The story follows her journey when she finally gets a communication device.
Fish in a Tree	Lynda Mullaly Hunt	Dyslexia. Ally has been hiding her inability to read by being a "troublemaker." A new teacher sees through her defenses and helps her understand that her brain just works differently.
Insignificant Events in the Life of a Cactus	Dusti Bowling	Limb Difference. Aven was born without arms. When she moves to Arizona, she has to navigate a new school while solving a mystery at the run-down theme park her parents are managing.
The War That Saved My Life	Kimberly Brubaker Bradley	Clubfoot. Set during WWII, Ada escapes her abusive mother (who is ashamed of her foot) by joining the evacuation of children from London to the countryside.
Roll With It	Jamie Sumner	Cerebral Palsy. Ellie loves baking and dreams of being a professional chef. The story focuses on her ambition and friendships rather than just her wheelchair usage.

Book Title	Author	Disability / Representation
One for All	Lillie Lainoff	POTS (Postural Orthostatic Tachycardia Syndrome). A gender-bent retelling of <i>The Three Musketeers</i> . Tania, a girl with a chronic illness, trains as a musketeer. <i>Action-packed and empowering.</i>
Breathe and Count Back from Ten	Natalia Sylvester	Hip Dysplasia. Verónica is a Peruvian-American teen who wants to be a mermaid performer at a local attraction, but her parents worry her physical disability makes it impossible.
The Silence Between Us	Alison Gervais	Deafness. Maya moves to a hearing school and is determined to prove she doesn't need "fixing" (including cochlear implants). A great look at Deaf culture and teen romance.
Six of Crows	Leigh Bardugo	Chronic Pain / PTSD / Physical Disability. A fantasy heist novel. The leader of the crew, Kaz Brekker, uses a cane due to a poorly healed leg break and deals with chronic pain and trauma.
Sick Kids in Love	Hannah Moskowitz	Chronic Illness (Rheumatoid Arthritis & Gaucher Disease). Isabel doesn't date because she thinks her illness is a burden. Then she meets Sasha, who is also chronically ill. A romance that doesn't rely on the "tragedy" trope.
Highly Suspicious and Unfairly Cute	Talia Hibbert	OCD (Obsessive-Compulsive Disorder). A rom-com about two ex-friends competing in an outdoor survival course. The male lead manages OCD, which is depicted realistically but isn't the sole focus of the plot.
Unbroken: 13 Stories Starring Disabled Teens	Marieke Nijkamp (Ed.)	Anthology. A collection of short stories by disabled authors covering various genres (fantasy, sci-fi, contemporary) and disabilities. Perfect for dipping in and out of.
Turtles All the Way Down	John Green	Anxiety / OCD. A mystery story that deeply explores living with intrusive thoughts and the "tightening spiral" of severe anxiety.

Introducing... the “O Chemistree!”

Our Science team has gone full festive mode and engineered a Christmas tree made from real science equipment! Complete with glassware and a sparkle of scientific flair, the “O Chemistree” has become a favourite talking point among students.

It’s a brilliant example of how learning and imagination can come together—proof that chemistry really *does* light up the world!





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Get Ready for Three Weeks of Delicious Dining!

Our Catering Team has been busy planning and cooking up *three whole weeks* of tasty, comforting, meals to carry us through the winter season! From warming favourites to fresh, flavour-packed options, there's something for everyone. Please see the attached **3-week menus** for full daily choices — and be prepared, because they're guaranteed to make you hungry!

Autumn & Winter menu 2025					
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option one	Classic Beef bolognaise with garlic bread	Mexican Beef chilli with 50/50 rice or soft taco	Peri-Peri chicken with roast potatoes & gravy	Green Thai chicken curry with 50/50 rice	Fish fingers or salmon fishcake with chips
	Autumn vegetable risotto with garlic bread	Mexican vegetable rice	Cajun sweet potato tart with roast potatoes & gravy	Sticky soy & honey noodles	Loaded hound dog with chips
On the side..	Green Beans Carrots	Pineapple Salsa & Slaw	Cauliflower Peas	Sweetcorn Roasted Broccoli	Baked Beans Coleslaw
Dessert of the day	Pineapple upside down cake With custard	Oaty cookie	Plum & vanilla crumble With custard	School cake	Lemon drizzle sponge
Allergies Please speak to a member of staff if you have an allergy and need to know what's inside our food dishes. They will advise you of your available choices Menu Key Vegan option Added plant protein Source of wholemeal Also Available.. Our hot and cold grab & go selection alongside soup of the day and filled jacket potatoes caterlink feeding the imagination					

Autumn & Winter menu 2025					
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option one	Macaroni Cheese with crunchy garlic croutons	STREET FOOD Spicy Chicken with khobez and tabbouleh salad	Butchers Sausage & Mash with onion gravy	Hot Wok chicken Noodles with 50/50 rice	Battered fillet of fish with chips & tartare sauce
	Quorn & Black bean Fajitas with rice	Houmous & Falafel with khobez and tabbouleh salad	Veggie Sausage & Mash with onion gravy	Black bean Vegetables with rice	Greek spinach & filo parcels with chips
On the side..	Roasted butternut squash Cauliflower	Red cabbage slaw Roasted chickpea salad	Broccoli Sweetcorn	Carrots Green beans	Baked Beans Garden Peas
Dessert of the day	Blondie with berries	Syrup Sponge With custard	Apple & Cherry Oaty Crumble With custard	Chocolate Shortbread Cake	Pear Upside Down cake
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Autumn & Winter menu 2025					
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option one	Vegetarian Thai Noodles	Meatballs in Tomato Sauce with spaghetti	The Classic Roast Dinner with all the trimmings	Chicken Korma with 50/50 rice	Battered fillet of fish with chips & tartare sauce
	Vegan Meatball Pasta Bake	Vegetable Biryani	Roast Quorn with all the trimmings	Sweet potato, chickpea & spinach tikka with 50/50 rice	The Big Plant Burger with chips
On the side..	Green beans Sweetcorn	Broccoli Roasted Vegetables	Roasted carrots Red cabbage	Roasted Cauliflower & Sambals	Baked Beans Garden Peas
Dessert of the day	Warm Banana Flapjack	Vanilla sponge	Jam Sponge With custard	Sticky Toffee Apple Crumble With custard	Berry Crumble cake
Allergies Please speak to a member of staff if you have an allergy and need to know what's inside our food dishes. They will advise you of your available choices Menu Key Vegan option Added plant protein Source of wholemeal Also Available.. Our hot and cold grab & go selection alongside soup of the day and filled jacket potatoes caterlink feeding the imagination					



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Festive Feast Coming Soon!

Christmas Lunch — Tuesday 16th & Wednesday 17th December

It's nearly time for the most anticipated lunches of the year — our **Christmas Menu** is back and bigger than ever! Students and staff can look forward to a festive celebration packed with delicious seasonal favourites, sparkling decorations, and a joyful dining hall atmosphere.

📖 Christmas Lunch Pricing:

- **Main meal:** £3.20
- **Main meal + festive dessert:** £4.00

It's the perfect way to share a warm, hearty meal with friends before we break up for the holidays. Don't miss it — it only comes once a year!





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The Gift of Active Travel

This winter, we're inviting our school community to join the festive fun with Modeshift STARS, which is an exciting awards scheme for schools and part of the My Journey Hampshire travel campaign.

Step into the season of giving by choosing to roll or stroll on your journeys to and from school. Not only is it a great way to stay active and enjoy the fresh air, but it also helps us all do our part for the planet. Let's make our festive travels healthy, joyful, and environmentally kind!

How many can you open?

The Gift of Active Travel **MODESHIFT STARS**

Step into the season of giving - every pledge is a present waiting to be unwrapped! Roll or stroll your way through festive journeys that are healthy, fun, and kind to the planet. How many can you open?

Follow the #WinterModeshiftSTARS
Join in and make winter journey pledges - tag a friend and follow along and become part of Team Modeshift

Frosty Footprint Finds
Become a winter detective on your journey! Look out for footprints in the snow, frost, or mud - can you tell which creature or traveller passed by?

Cycle Selfie
While out on a winter cycle or completing a cycle challenge, capture the moment to share your winter wheeling adventure.

Celebrate Trees the lungs of the earth!
How many evergreen and deciduous trees can you see?

Ticket to Ride
Hop aboard the Polar Express or glide through on the Snowflake Shuttle - whether it's a bus, tram, or train, enjoy the magic of travelling the sustainable way!

Shine like a STAR
Add tinsel to your trainers, wow to your wellies, or bling to your wheels - and light up your journey! With glitter, reflectors, or festive sparkle, make sure you're seen and safe this season.

Penguin Parade
Waddle, shuffle, or slide like a penguin on your journey today! Can you move like a winter animal while staying active? Or follow their social nature - ditch the solo drive and try car sharing or park and stride to walk with others instead.

Sleigh Bell Sing-Along
Sing a song as you travel along - join in with some Modeshift favourites or make up your own active travel lyrics and share them with us!

Jingle All the Way
Ring out with festive cheer! It's time to chime those cycle and scooter bells or wear something that jingles to make sure you spread the joy and are safe on your journey.

Merry Berry Winter
See what wild fruits you can spot - berries, hips, haws, or even mistletoe! Keep your eyes peeled, how many can you discover? (but remember: these festive finds are for the birds, don't pick or eat any!)

Jack Frost Trail
Any signs of Jack Frost at work? Ice flowers, icicles, sleet or even snow - real or make-believe, his wintry magic might be closer than you think!

Deck the Halls
Take in the festive sights - how many decorated houses, sparkling lights, or seasonal displays can you spot along your route? Slow down, look around, and enjoy the magic in your neighbourhood.

Wrap Up
Don't let the cold or wet weather stop you - wrap up warm and strut your stuff in your coziest winter gear! Whether it's a festive jumper, a colourful scarf, or your fluffiest hat, show off your seasonal style.

Remember:
Not everyone has what they need this winter. If you can, donate warm clothes to help others stay safe and snug too.

Arctic Adventure
Map out a brand-new route, give it a frosty new name and put it to the test to see where your new snowy adventure takes you today!

Celebrate in style
Share a photo montage of your Modeshift Winter STARS journey with us - your seasonal snaps might just inspire others to join the fun!

There's snow stopping us!

Join in with as many activities as you like, and in any order, and share with us what you see, feel, smell, hear and do to be active, on your Modeshift STARS winter journey!

The Hayling College