



7 February 2025

Monday 24 February is **Week B**

Diary Dates

Monday 24 February – Back to School

Monday 24 February – Mock Exams Continue

Tuesday 18 March – Year 7 and Year 11 group photos

Dear Hayling College Community,

Assemblies

This week in our assemblies we are covering the topic of Kindness and Generosity.

Year 9 Options

All parents/carers should have received an email from Mrs Knights outlining what has been covered in the Year 9 Options Assembly that took place on Tuesday 11 February. Currently, students should be completing an initial poll to allow us to see what they are thinking of choosing for their options. This is an initial poll and **not their final picks**. Please discuss this at home and ensure that they have completed the poll, which should have been done by Friday 14 February – if they have not completed it please make sure they do on their return to school this week.

Year 9 Options Process 2025

Event	Date	Aim
Year 9 Consultation Evening	6 February 2025	Update on pupil Progress
Options Assembly	11 February 2025 (National Apprenticeship week)	Pupils to gain an understanding of the options process. Different Levels of Courses Apprenticeships
PSHCE, Tutor time and at-home.	Ongoing	Research Career opportunities using https://www.myworldofwork.co.uk/option-choices/ https://www.careerpilot.org.uk/
Pupils complete Google form during tutor time	12 February 2025	Initial ideas of interest for subject choices.
Faculties to talk in lessons about KS4 subjects	Ongoing	To further develop the subject knowledge base of content, exams and NEA assessments



Letter and option booklet sent home	Week Beginning 3 March 2025	Key information for Carers and Pupils to read before options evening
Options Evening	13 March 2025 6pm Sports hall	Presentation about KS4 To include processes and opportunities to speak to faculty staff about individual subjects
Completion of option choices online	27 March 2025 4pm Deadline	All pupils have completed choices
Follow-up conversations with pupils and carers when appropriate	Ongoing	This is to ensure correct choices have been made and to determine if any changes to subject decisions need to be made in collaboration with carers.
Communication to Carers.	June/ July 2025	Clarity of what is being studied next year

Year 11

A letter was sent on Friday 6 February regarding the Prom. Please could you ensure that you have completed the consent form and paid deposit if your child wishes to attend.

Year 11's are fundraising to cover additional costs of the DJ, photo booth, Prom letters and decorations. If you could send in a multipack of chocolate from the list in the letter so that it can be sold in the Prom Tuck Shop that would be appreciated.

Food Tech

7D – Friday 28 February - Pizza Baguette:

- 1/2 baguette
- tomato puree
- basil leaves
- fresh tomato
- cheese
- any other toppings
-

8A – Friday 28 February - Macaroni and cheese:

- 100g macaroni/fusilli/penne (please cook pasta at home)
- 100g Cheddar cheese
- 25g butter
- 25g plain flour
- 250ml semi-skimmed milk
- 1 tsp Mustard/wholegrain mustard
- 1/2tsp Garlic granules/paste

Year 10D – Monday 24 February, 10C – Thursday 27 February - Profiteroles and custard filling: BRING A CONTAINER

Profiteroles:

- 100g plain flour
- 85g unsalted butter
- 2 eggs, at room temperature
- 225 ml water
- 1/4 tsp salt

Custard filling:

- 150g sugar
- 1 egg
- 35g cornflour
- 500 ml milk
- 100g unsalted butter



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Performing Arts Fundraising



The Performing Arts Department are looking to fundraise to help with the cost of putting on shows for our pupils to perform in both to their peers, parents and the wider community. We are now registered with Easyfundraising, which means you can help us for FREE. Over 7,000 brands will donate to us when you use Easyfundraising to shop with them – at no extra cost to yourself! All you need to do is sign up and remember to use Easyfundraising whenever you shop online. It's easy and completely FREE! These donations really mount up, so please sign up to support us at

https://www.easyfundraising.org.uk/causes/the-hayling-college/?utm_medium=email&utm_campaign=pmc&utm_content=email-1 or use the QR Code.

If you can share this App with family and friends, the Performing Arts team would really appreciate it.

National Careers Week 2025

National Careers Week takes place between 3 – 7 March 2025. Further details and resources will be shared in the near future.

Get Creative!



YoungMinds and M&S are working together to support young people's mental health.

They're calling on young people across the UK to get drawing and take part in **M&S x YoungMinds Young Designer Competition** – to design a new hoodie or sweatshirt – for the chance to have their design sold in M&S stores and online across the UK to support YoungMinds' work.

The new hoodie and sweater will go on sale to celebrate this year's Hello Yellow. When schools and communities come together on World Mental Health Day to show young people they're not alone with their mental health.

How to take part



Children aged 5-16 are invited to submit their designs. Two winners will be chosen, one aged 5-11 and one aged 12-16



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💡 The theme is 'What would you say to a friend who needs you?'. Whether it's words, drawings or doodles – we're looking for something that's bold, bright and puts what you feel inside on the outside.

🕒 Designs must be submitted by 11.59pm, Monday 31st March.

For further details goto <https://mnsyoungdesignercompetition.powerappsportals.com/>

Support for Pupils

OTR
OFF THE RECORD

SUPPORTING YOUNG PEOPLE'S MENTAL HEALTH TO
FULFIL THEIR POTENTIAL FOR A BRIGHTER FUTURE.

Feeling overwhelmed? Low mood?
Relationship issues? Low confidence?
Anxious? Just need to talk?

Are you aged 11 to 25, living in Havant or South East Hampshire
and in need of an impartial listening ear?

You can self-refer online for
FREE COUNSELLING with OTR

Youth Counselling | Individual Counselling for Parents and Carers
Group Work | Young Carers

Off The Record (South East Hampshire)
023 9247 4724
otr-south.org.uk

Registered Charity Number: 1064275

Help For Parents

We're pleased to be able to share details of the Mental Health Support Team workshops offering support for parents and carers. These are free to attend and are on Zoom.

**MENTAL HEALTH
SUPPORT TEAMS**

Service delivered in partnership with Hampshire
and Isle of Wight Integrated Care System.

NHS

hampshirecamhs.nhs.uk



Psychological Perspectives in Education and Primary Care (PPEPCare) for Parents and Carers - Spring/Summer 2025

These are education sessions that last 1.5 hours and are delivered to Parents and Carers across Hampshire online via Zoom. No sign up is required, simply join the link at the time of delivery, and type in the meeting ID and Passcode listed. *For confidentiality reasons, please only type your first name when joining.*

Module	Date/Time/Zoom link
NOW: Having difficult conversations	Monday 24th February 2025 12.00-1.30pm https://eu01web.zoom.us/j/64372922886?pwd=akh8EAtH3lqglVBV7A76Jt7qHpLB3I.I Meeting ID: 643 7292 2886 Passcode: 797244
Childhood Anxiety	Monday 10th March 2025 12.00-1.30pm https://eu01web.zoom.us/j/64171420299?pwd=fuR7UfuxshO3AKbgNaK7YeDI3aX2Ug.I Meeting ID: 641 7142 0299 Passcode: 850217
Autism and Mental Health	Monday 17th March 2025 12.00-1.30pm https://eu01web.zoom.us/j/69832634319?pwd=5j3FsBL0HGvW72SzMt4GEPaI3bFrly.I Meeting ID: 698 3263 4319 Passcode: 786520
Low Mood	Monday 28th April 2025 12.00-1.30pm https://eu01web.zoom.us/j/62973973486?pwd=34sBIk7HYA6xcJoiGdPavcB4aWVPjn5.I Meeting ID: 629 7397 3486 Passcode: 020088
Self-Harm	Monday 12th May 2025



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	12.00-1.30pm https://eu01web.zoom.us/j/65548397146?pwd=kOxXWPUeErBJTOjA8fk8DOPFBXUDzU.I Meeting ID: 655 4839 7146 Passcode: 818718
Back to Basics – supporting family wellbeing	Monday 2nd June 2025 12.00-1.30pm https://eu01web.zoom.us/j/65212484219?pwd=a288enE94paXbZrijXpZrKiLHffdG.I Meeting ID: 652 1248 4219 Passcode: 980819