



**THE
HAYLING
COLLEGE**

Happy, Healthy, High Performing

10 January 2025

Monday 13 January is **Week A**

Diary Dates

Tuesday 14 January – Duke Harrison-Hunter speaks to years 9 and 10 (see below)

Thursday 16 January – Year 8 Parent Consultation Evening 3.30pm – 6.30pm

Dear Parents, Carers, and Members of our School Community,

As we embark on a new year, I am delighted to welcome you back to The Hayling College.

The start of 2025 brings with it a sense of renewal and opportunity, and I am excited to share with you the vibrant happenings within our school walls.

Our return to school has been marked by an energetic atmosphere, with pupils and staff alike embracing the fresh start. To kickstart the year with vigour, we've launched our 'Run Every Day January' House Competition. This initiative not only promotes physical well-being but also fosters a spirit of camaraderie and healthy competition among our houses. It's heartening to see our pupils challenging themselves and supporting one another in this endeavour.

Recently, we held our Year 10 Parents' Evening, and I must say, it was an overwhelmingly positive experience. The feedback we received from parents about our dedicated staff was nothing short of exceptional. It's a testament to the hard work and commitment of our teachers, who consistently go above and beyond to ensure our pupils receive the best possible education. Your words of appreciation have been a source of motivation for our entire team.

Turning to our Year 11 pupils, I'm pleased to report that their mock results and forecast grades are looking very promising. This is a reflection of their diligence and the supportive environment we strive to maintain at The Hayling College. As we approach the crucial final months before their GCSEs, let's continue to encourage and support them in their academic journey.

Our commitment to providing enriching experiences extends beyond the classroom. Recently, our Performing Arts department organised a trip to the Mayflower Theatre in Southampton to see 'Hairspray'. The production was excellent, offering our pupils a chance to experience professional theatre and inspire their own creative pursuits.

As we focus on academic achievement, we also recognise the importance of character development. This week, our assembly theme centres on 'behaviour for learning', with a particular emphasis on good old-fashioned manners and their connection to our



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expectations both in and out of the classroom. We believe that fostering respect and courtesy creates a positive learning environment that benefits everyone.

In line with our commitment to inclusivity and diversity, we are thrilled to be hosting Duke Harrison-Hunter from Hampshire FA in his role as an ambassador for change. His visit aligns with our Equality, Diversity, and Inclusion (EDI) initiatives, and we look forward to the insights and inspiration he will bring to our school community.

Looking ahead, I would like to draw your attention to the upcoming Year 8 Consultation Evening. This is an invaluable opportunity for parents and carers to discuss their child's progress with teachers and to strengthen the home-school partnership that is so crucial to our pupils' success.

As we navigate through this new year, I am filled with optimism about what we can achieve together. The dedication of our staff, the enthusiasm of our pupils, and the support of our parents and carers create a powerful synergy that propels us forward.

Thank you for your continued support and engagement with The Hayling College. Your involvement plays a pivotal role in the success of our school and the achievements of our pupils. Here's to a year filled with growth, learning, and shared accomplishments.

Martyn Reah
Headteacher

Red January



We all know about the January blues and what a challenging time it can be. For the second year we will be participating in RED (Run Every Day) January. The house team are asking pupils to increase their physical activity throughout January to help improve wellbeing amongst our community. It is a proven fact

that physical activity contributes to the release of happy hormones such as endorphins.

Every day during tutor time pupils will be asked what they are doing to stay active, this could be as simple as walking to school. We know many of our students are much more active than this and we continue to encourage this.



All activities will be recorded by tutors, and each piece of physical activity done contributes five house points. This House Challenge runs from 6 to 31 January. We hope you encourage your child to take part, and maybe even join them for some activities!



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During Break and Lunchtime we have some activities available for pupils to take part in:

Breaktime

Football - Hard courts
Badminton - Sports hall
Just dance - Drama studio
Rowing - Old pass.

Lunchtime

Football - Hard courts
Badminton - Sports hall
Darts - Old Pass.

Sparx Reader



It is just over a month since we first launched Sparx Reader at The Hayling College. Sparx reader aims to improve the amount and quality of reading students complete.

Want to know more? head to the parent information page: <https://sparxreader.com/parents/>



The English Dept set home-learning on Sparx Reader every Monday, and it is due the following Monday.

Assemblies

This week Mr Reah led assemblies welcoming pupils back to school for the Spring Term and talking about 'what makes you happy?'

Next week our Pupil Progress Leads will take our assemblies, with the topic being Behaviour for Learning.

Food Tech

Pupils in Food Tech have some great recipes coming up. Details of ingredients needed are below. Please ensure your child brings a container with them to take their cooking home. Thank you!

10A/10D Tuesday 14 January - Fishcakes

- 1 fillet of raw fish (such as haddock, cod, salmon, OR 1 tin of tuna or mackerel)
- (vegetarian alternative: 100g peas/sweetcorn and 50g cheddar cheese)
- 300g cooked potatoes **or** a large tin of new potatoes
- 2 eggs
- 2-3 slices of bread
- 100g flour (any type)
- Optional extras - fresh parsley



I0C Thursday 16 January - Carcass practical and Dish (risotto/soup)

- 1 carrot
- 1 onion
- 2 sticks of celery
- 1 bulb garlic
- *Ingredients for chosen dish.*

Y11 NEA recipe trials over the coming two to three weeks. Please inform Ms Bees when you are cooking and what you are making. FSM pupils will need to submit their ingredients list a week before their cooking date.

Anti-Bullying

We're delighted to welcome Duke Harrison-Hunter from Hampshire FA to The Hayling College on Tuesday to meet with year 9 and 10 pupils. Duke's background is rooted in lived experiences—he's been where many struggle to rise from.

After facing years of addiction, crime, and prison sentences, twice in the UK and once in the USA, he turned his life around over 18 years ago. Since then, he's dedicated his life to helping people break barriers and embrace true inclusion.

You might've seen him on BBC's Inside Out, and South Today where he shared his journey, or perhaps heard about his work with Pompey in the Community, which earned recognition from the Premier League with the Football Blacklist Award, alongside Marcus Rashford MBE and Raheem Sterling amongst others.

Duke will deliver talks that focus on youth empowerment, reducing youth violence, creating safer communities and behaviours, consequences and resilience.

Attendance

Attendance	Week Ending 10/1/25
7	93.9
8	93.1
9	91.9
10	89.1
11	87.2

The top tutor group this week for attendance with 98.6% was 9CB/MMN – great attendance!



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Help for Parents – Friday 24 January, 11.30am – 1pm

Further to the successful pilot of their parent workshop: 'Understanding and Supporting your child with Low Mood' in September 2023, the MHST have continued to roll this out to support parents as part of their Whole School Approach offer. This workshop is available digitally once per term for any parents/carers who feel they may benefit.

The workshop will be mostly informative, with some optional opportunities for discussion, input, and questions via the digital chat function. You will not need to have your video-camera or microphone on for the workshop. The workshop aims to upskill parents and carers to understand low mood and depression, the signs, and symptoms of this in young people, and provide some simple skills and strategies for you to take away and use to support your young person who may be struggling with their mood.

This terms workshop will take place on the 24 January 2025 (11.30am until 1pm) and the Zoom details to share with parents/carers who you feel may benefit from attending the workshop are as follows:

MHST South-East is inviting you to a scheduled Zoom meeting.

Topic: **Understanding and Supporting your Child with Low Mood
Parent/Carer Workshop**

Join Zoom Meeting

<https://eu01web.zoom.us/j/68735612073?pwd=EsRtTOlsmewqyhbptblxb3vxTtCheG.1>

Meeting ID: 687 3561 2073

Passcode: 861452