

Curriculum map - Basketball

	Development (1)	Development (2)	Intermediate	Intermediate/ Advanced	Advanced	GCSE Requirement
Year	7	8	9	10- <i>Core</i>	11- <i>Core</i>	
Focus	FUNDAMENTAL SKILLS	FUNDAMENTAL SKILLS DEVELOPMENT.	ATTACKING AND DEFENSIVE PRINCIPLES.	TECHNICAL & TACTICAL GAME DEVELOPMENT (1).	TECHNICAL & TACTICAL GAME DEVELOPMENT(2).	AQA Basketball
Activities	1. Ball Familiarisation 2. Passing (Bounce, Chest & Overhead) 3. Intro to dribbling and movement/pivoting. 4. Intro to shooting (set shot/free throw) 6. Intro to shooting (lay-up) 7. Basic positional awareness 8. Small sided conditioned games and full sided games	1. Development on passing and moving (variety accuracy and timing). 2. Dribbling and receiving the ball (triple threat and pivots) 3. Improvising and outwitting the opponent. 4. Defence skills (body shape and 1v1) 5. Attacking strategies 6. Defensive strategies (marking techniques and interception) 7. Shooting under pressure (inc jump shot) 8 Game play (5v5)	1. Game play 2. Passing at speed and with control/ Timing. 3. Receiving ball. (Intelligent positioning to receive pass) 4. Attacking principles- (3 man weave) 5. Rules and regulations. (8 second rule, back court violation, shot clock, 5 seconds on the ball et) 6. Advanced tactics (half court/full court press) 7. Shooting (advanced tactics to outwit defender, rebounds) 8. Game Play (7v7)	1. Game Play. 2. Decision making under pressure. (overloading defence/attack) 3. Characteristics of each position (apply techniques in a variety of roles) 4. Advanced skills (dribbling, improvisation, turns and rolls) 5. Spatial Awareness (movement at restarts and set plays, movement off the ball) 6. Creating overloads 7. Zone Marking/ Team formations 8. Game play.	1. Conditional Games. 2. Shooting Analysis. 3. ½/full court press – attacking and defending as a team 4. Situational Games – Tactical development. 5-8. Game Play – tournament possession / defensive play / timing & control).	1.Dribbling – using both hands, change of pace and direction. 2.Passing – chest, javelin, bounce, overhead, use of the fake. 3.Receiving/intercepting – making a target (signalling), one/two handed catch, stationary and on the move, differing speeds and heights, rebounding, stealing. 3.Shooting – lay-up, set shot, jump shot, free shot, use of the fake. 4.Footwork and marking – stopping (jump stop, stride stop), pivoting, getting free, tracking (drop step). 8. Game play (5v5)

Year 7 Basketball						
Key Skill Concepts	Passing and Rules	Positional Awareness	Attacking Play	Shooting	Defensive Play	Literacy Tier 2 & Tier 3 vocab explicitly taught
DEVELOPMENT	● Chest, shoulder, overhead, bounce passes. ● Choices of when to use each style of pass. ● Passing in front of the player/ timing. ● Release points when throwing the ball, related to a defender's position ● Links and differences of when fouls are committed, side line and backline passes. ● 3 man weave	● Understanding the role within each position ● Positions Point guard Shooting guard Power forward Centre Small forward ● Opportunities to try each position ● Gaining ground with the passing down court	● Principles of attacking ● 3-man weave ● Creating space ● Gaining ground ● 3-man weave ● Improvisation – creative dribbling, movement and passing. ● Change of pace, change of direction ● 8 second rule ● 5 second possession	● High percentage shots ● Correct technique or effective technique. ● Varied shots, set shots, three pointers, layups, use of backboards. ● Movement within the key - rebounds ● Shooting under pressure.	● Defensive strategies. 1: Man-to-man- ball side 2: Zonal marking 3: Denying space- delay opposition, forcing direction of play. ● Body Position. ● Interception- Intersecting the flight path of the ball.	- o Warm up - o Footwork - o Marking - o Obstruction - o Stage 1 marking- man to man - o Stage 2 marking- Zonal - o Stage 3 marking- Denying space - o Peripheral vision - o Travelling - o Double dribble - o Carrying - o Back court Violation - o Contact
LINKS - sequencing	▪ Maintaining possession. ▪ Ability to change variation of pass. ▪ Positively moving the ball forward. ▪ Attacking the basket.	▪ Ability to play multiple positions ▪ Understanding of where to pass the ball based on knowledge of positions ▪ How to create tactics and strategies in units. ▪ Drawing defenders out of position.	▪ Different types of passing ▪ Clear and drive ▪ Gaining ground with passing ▪ 3 man weave. ▪ Drawing defenders out of position. ▪ Attacking the basket.	▪ Set shot ▪ Attacking play within the key ▪ Rebounding ▪ 3 seconds in the key. ▪ Accuracy of shooting. ▪ Set shot, lay ups, free throws.	▪ Footwork rules ▪ Defending the key ▪ Rebounding ▪ Delaying the attack ▪ Half court/full court press	
Enjoy & Explore	▪ Investigate the types of passes effectiveness in different game scenarios. ▪ Understanding the basic rules so they can play accurately. ▪ Learning new skills ▪ Small-sided conditioned games	▪ Identifying position you like playing in and their roles & responsibilities. ▪ Opportunities to play multiple positions. ▪ Small-sided conditioned games	▪ Opportunities to beat your opponent ▪ Creative ways to get free ▪ Desire to evade and outwit your defender. ▪ Small-sided conditioned games ▪ Evaluating success of tactics chosen within game play.	▪ Challenge of shooting ▪ Scoring success ▪ Tactics and strategies to become free in a small area ▪ Small-sided conditioned games	▪ Opportunities to beat your opponent ▪ Denying your opponent space on court ▪ Turning the ball over with interceptions ▪ Small-sided conditioned games ▪ Evaluating success of tactics chosen within game play	

Intent- Rationale Students will use fundamental skills and knowledge of the game and apply them to game situations to the best of their ability. Exploring positioning and roles/responsibilities of positions and testing their skills in pressured situations. All game activities involve students thinking about how to use skills, strategies, and tactics to outwit opposition as well as analysing and evaluating their performance in order to improve.	
Challenge and support: This unit of work is planned so that all levels can excel and develop the confidence to fully apply their skills against like minded students. It is hoped that this unit provides students with the confidence to join the school basketball team and seek opportunities to continue their participation in netball. Students who require more support will be given a scaffolded environment. To both support and stretch students the teacher will use various approaches using the STEP (Space, Task, Equipment and People) principle. This to ensure that all the needs of the students are met and encourage all students to be ambitious about their own basketball abilities.	Resources available (useful websites): https://www.basketballengland.co.uk/leagues/nbl/resources/ How to shoot using the correct technique: https://www.youtube.com/watch?v=SsX4UEtviu8 https://www.youtube.com/watch?v=d0z7QqblJaM Defensive strategies: https://www.youtube.com/watch?v=5743mICfFE0 https://www.youtube.com/watch?v=s_sb4L6eCRo
Interleaving/ Cross activity links: ● Net sports – keep ball alive/attacking/defending/footwork/ timing ● Team sports – teamwork/communication/gain ground/ creation of space/ width ● GCSE theory –warm ups & cool down, training methods, movement analysis	Questioning strategies to be used: ● Which pass is most effective to use and why? ● Why is having good agility so important when playing basketball? ● How do you create space on the court? ● What are the benefits and negatives of each defensive technique?

Year 8 Basketball						
Key Skill Concepts	Passing and Rules	Attacking Play	Shooting	Defensive Play	Set Plays - Tactics	Literacy

Building upon... (Year 7)	Basic understanding and implementation of different passes. Passing the ball in front of their teammate. General knowledge of the rules.	Different skills to get free from their defender When to create space and when to ask for the ball.	Different skills to get free from their defender. The correct technique for shooting. How to get free in a small space.	Different ways to take possession of the ball without fouling.. Understanding the two methods of defending.	Basic positional awareness and the roles of each position. Who to pass to and what passes to use that is best to draw defenders and create attacking space.	Tier 2 & Tier 3 vocab explicitly taught
DEVELOPMENT	- Control and accuracy of the passes - Dribbling footwork/handling - Implement the rules more accurately and frequently in a game. - Receiving the ball in a attacking positions, and different methods of receiving the ball. - Passing linked to timing of their teammates' runs and quickness of delivery - Utilising the five second rule of possession. - Utilising different pass methods to beat a defender.	- Body shape when receiving the ball to attack. - Passing linked to timing of their teammates' runs and quickness of delivery - Moving to create space for themselves or teammates. Use of 3 man weave. - Opening body angles to aid the first ball to be forwards. - Vision of teammates movement moving forward.	- Different positioning and movement within the key including 3 second rule. - Cope with defensive pressure on the shot. - Use of steps to create space to shoot. - Use of centre and point guards movement to support shooting opportunities.	- Body shape when defending. - Eye contact on waist using peripheral to watch body movement. - Timing of pressure on attackers. - Driving onto the key, taking an intercept into the triple threat position. - Protecting the key with 2 different methods to stop drives to the basket. - High pressure - Tactics – man to man marking or zone defending	- Tip off positioning - Use of screens for attacking possession. - Point guard carrying the ball on the attack. - Movement in the key to create space. - Specific defensive and attacking strategies at different points of the game. Use of body shapes (height/build) for different positions.	- Interception - Travelling. - Timing - Obstruction - Basket side - Double Dribble - Carrying - Screening Year 7 Vocab - Warm up - Footwork - Marking - Obstruction - Stage 1 marking-man to man
LINKS – sequencing	- Utilise the rules to their advantage against the opposition - Pass selection becomes more appropriate due to game conditioning	Creating movement sequences going forward to create attacking opportunities.	- Creating routes for attacking players to move in and out of the key to draw defending players. - Shooters to improve body shape and set up for various shots. - Confidence in driving towards the basket to initiate lay-ups.	- Anticipating attacking movement and decision-making to apply pressure or intercept. - Applying high pressure around the D and key to force mistakes and negative play.	- Use of point guard carrying the ball, with attacking players running routes and plays for attacking sequencing. - Adapting play to gain the advantage.	- Stage 2 marking-Zonal - Stage 3 marking-Denying space - Peripheral vision - Travelling - Double dribble
Respect & Responsibility	- Abiding by the rules and regulations. - Supporting other students in their development. - Responding to feedback positively	- Respecting the different development times from each player - Accepting errors from team mates - Accepting the decisions made by the officials - Considering how they are communicating	- Considering the awareness of others on your team and their experience of playing sport - Accepting the feedback from the teacher and team mates - Following the rules of the game	- Following the rules related to contact and obstruction, fouls - Communicating in a positive and constructive manner with team mates and officials - Winning with dignity	- Following the rules of the game, specifically related to set plays - Accepting the feedback from teachers and team mates - Understanding the ability to comprehend tactics and strategies	- Carrying - Back court Violation - Contact

Intent- Rationale:

Students will focus on developing team attacking and defensive strategies and techniques. Students will select and apply their core skills so they can carry out tactics with intent to outwit the opposition. All game activities involve students thinking about how to use skills, strategies and tactics to outwit opposition as well as analysing and evaluating their performance in order to improve.

Challenge and support: This unit of work is planned so that all levels can excel and develop the confidence to fully apply their skills against like minded students. It is hoped that this unit provides students with the confidence to join the school basketball team and seek opportunities to continue their participation in basketball. Student who require more support will be given a scaffolded environment. To both support and stretch students the teacher will use various approaches using the STEP (Space, Task, Equipment and People) principle. This to ensure that all the needs of the students are met and encourage all students to be ambitious about their own basketball abilities.	Resources available (useful websites): https://www.basketballengland.co.uk/leagues/nbl/resources/ Driving to the basket- https://www.youtube.com/watch?v=m854CqWU0O8 3 man weave - https://www.youtube.com/watch?v=glc6aHFYHNk
Interleaving/ Cross activity links: - Net sports- footwork/ body angles/moving towards the ball - Team sports- free pass tactics/ positioning to support team mates/ team movement - GCSE theory –thresholds/movement analysis/ sports psychology	Questioning strategies to be used: - Which pass is most effective to use and why? - How can body position effect your attacking choices? - As a team how can you outwit the opponent? - What you do as an individual to defend a player with and without the ball? - How can you improve your scoring percentage?

Year 9 Basketball						
Key Skill Concepts	Replication of advanced skills	Developing possession as a team	Attacking Play	Defending Principles	Tactics and Strategies	Literacy
Building upon... (Year 7&8)	Different types of passes. Different positional crossover and rotations. Creation and movement into space Rules knowledge and implementation. Release points and receiving the ball	Understanding of how to bring the ball down the court. Driving to the basket. Roles of each position Passing linked to timing of their teammates’ runs and quickness of delivery	Body position for attacking progression Different routes and plays to deceive defence. Movement within the key to create opportunities. Gaining ground. Drawing defenders to create space. Improvisation.	Methods to intercept Protection of the basket and positioning in the key. High pressure and quick movements. Different types of defending. 2 types of defence.	Tactics around tip off positioning, free throws, sideline passes. Understanding of how to bring the ball down the court. Expectations for each player and position on the team	Tier 2 & Tier 3 vocab explicitly taught

DEVELOP MENT	▪ Triple threat position. ▪ Decision making of passes or dribbling, distance of teammates and their movement. Position of opposition. ▪ Replication of core skills under pressure and challenging situations. ▪ Use of screen appropriately in game.	▪ Create opportunities for the ball move between point guard, centre and the forwards. ▪ Focus on creating space for team mate to drive into – use of screening. ▪ Routes and plays being developed for possession to be developed into attacks ▪ Triple threat position. ▪ Channel focus	▪ Rotation of positions – 3 man weave. ▪ Attacking play around the D & key – drawing players in and out. ▪ Rotation of attacking players – 3 second rule in key. ▪ Feeding the accurate pass into the key. ▪ Fast breaks and beating defensive set ups.	▪ Reading the game and Anticipating attacking movement and decision-making to apply pressure or intercept. ▪ Dictating where the attacker can go with body shape. ▪ Communication for positional benefits. ▪ High pressure to reduce shooting opportunities, set shots and lay-ups	▪ Half court/full court press. ▪ Zone defence ▪ Man-man marking ▪ High pressure ▪ Tip-off tactics. ▪ Positional rotations. ▪ Movement outside the D.	Principles of play Delay Support Improve Penetrate Balance Year 8 Vocab - o interception - o Travelling. - o Timing - o Obstruction - o Basket side - o Double Dribble - o Carrying - o Screening Year 7 Vocab - o Warm up - o Footwork - o Marking - o Obstruction - o Stage 1 marking-man to man - o Stage 2 marking-Zonal - o Stage 3 marking-Denying space - o Peripheral vision - o Travelling - o Double dribble - o Carrying - o Back court Violation - o Contact
LINKS - sequencing	▪ Deep understanding of the game, skills and rules ▪ Utilising the non-dominant side of the body as a tactic. ▪ Improvisation of skills to outwit opposition.	▪ Clearer understanding of individuals responsibilities. ▪ Stronger off the ball movement that loses the defender and creates attacking opportunities.	▪ Understanding of how to utilise movement in and around the key to benefit an attack. ▪ Ability to pass on the move/efficiently ▪ Ability to apply scanning and vision to benefit dribbling, passing and improvisation.	▪ Supporting players in defensive situations. ▪ Communication between teammates and understanding of player movement and subsequent movements. ▪ Use of body, pressure and defensive techniques.	▪ Planning tactics before competing ▪ Developing tactics to highlight oppositions weaknesses. ▪ Adapting the tactic based on the strengths and weaknesses of the team.	
Achieve & Analyse	▪ Comprehensive understanding of the rules of the game ▪ Knowledge of the role of each position ▪ Accuracy of passes ▪ Success rate of passes ▪ Winning in small-sided conditioned games. ▪ Good decision making on dribbling and penetrating space.	▪ Effectively creating space for yourself and others ▪ Combining passes, player movement, dribbling and screening together to carry the ball down the court and get into effective positions.	▪ Creating attacking opportunities throughout the court. ▪ High success rate of passes in and around the D/key ▪ Scoring goals and increasing scoring percentage through analysis of technique ▪ Outwitting your defender ▪ Dominating the attacking half.	▪ Turn over of possession to develop into an attack. ▪ High anticipation and reading of the game. ▪ High pressure in the defensive strategies used. ▪ Decreasing the number of opportunities for the opposition to score. Through delay, support and pressure.	▪ Application of a tactic or strategy results in a successful play ▪ Analyse performance and identify areas for improve in individual and team play. ▪ Understanding of each player's role in the tactic or strategy	

Intent- Rationale:

Students will focus on developing, implementing and refining team and individual game plans, with the goal of outwitting an opponent. Students will focus on developing and implementing attacking and defending strategies and techniques within competitive situations. All game activities involve students thinking about how to use skills, strategies and tactics to outwit opposition as well as analysing and evaluating their performance in order to improve.

Challenge and support:

This unit of work is planned so that all levels can excel and develop the confidence to fully apply their skills against like minded students.

It is hoped that this unit provides students with the confidence to join the school basketball team and seek opportunities to continue their participation in basketball.

Student who require more support will be given a scaffolded environment. In order to both support and stretch students the teacher will use various approaches using the STEP (Space, Task, Equipment and People) principle. This to

Resources available (useful websites):

<https://www.basketballengland.co.uk/leagues/nbl/resources/>

Positions: https://www.youtube.com/watch?v=4_4CymXARWQ

Principles of play: <https://www.youtube.com/watch?v=xkSkuneKuxI>
<https://www.youtube.com/watch?v=cUjZiHKT04>

ensure that all the needs of the students are met and encourage all students to be ambitious about their own basketball abilities.	Attacking skills: https://www.youtube.com/watch?v=xa4VdW6cDs4
Interleaving/ Cross activity links: • Net sports – keep ball alive/attacking/defending/footwork/ use of body position • Team sports – teamwork/communication/understanding/ set plays/ strategies/ gaining ground/ off the ball movement • GCSE theory – sports psychology, levers, movement analysis, prevention of injury, training methods	Questioning strategies to be used: • What do you need to think about when working the key? • How can you maximise your chances of receiving the ball? • How can you support your team mates off/on the ball? • How can set plays support success?