

SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

Core Theme 1	Citizenship British Values
Core Theme 2	Citizenship PSHE British Values
Core Theme 3	PSHE Statutory Health Statutory Relationships and Sex Education
Core Theme 4	Drugs Education Statutory Health Statutory Relationships and Sex Education
Core Theme 5	PSHE Statutory Health Mental Health & Wellbeing
Core Theme 6	Careers – Gatsby Benchmarks Financial Education SMSC

POLITICS, PARLIAMENT & ME

- Why is politics important?
- How is our country run?
- Creating a political party
- Elections & campaigning
- Politics and debating
- Exploring inside parliament
- Who is the new PM
- Exploring the constitution

Go to Sixth Form ★ ★ ★ ★ ★

Go to College ★ ★ ★ ★ ★

Start an Apprenticeship ★ ★ ★ ★ ★

YEAR 7

CELEBRATING DIFFERENCES

- Multicultural Britain
- What is your identity?
- Nature vs. nurture debate
- Equality Act 2010
- Breaking down stereotypes
- Prejudice and discrimination
- Challenging islamophobia

STAYING SAFE ONLINE & OFFLINE

- Avoiding gangs
- Staying safe online
- Fortnight grooming & online gaming
- What is alcohol?
- What is smoking?
- E-Cigs, vaping and shisha
- Energy Drinks
- Knife crime in the UK

FRIENDSHIPS RESPECT & RELATIONSHIPS

- Consent & Boundaries
- Respect & Relationships
- What makes a good friendship?
- Friendships and managing them
- Being positive & Self Esteem
- Pressure and influence
- What does it mean to be a man in 2021?

PUBERTY & BODY DEVELOPMENT

- Intro to puberty
- Puberty (Girls focus)
- Puberty (Boys Focus)
- Personal hygiene & Oral hygiene
- Growing up - Beware of FGM
- Assertiveness, consent & hormones
- Self esteem & Empowerment

MANAGING CHANGE

- Intro to PSHE
- Getting to know people
- What is a community
- Careers & your future
- What is a community?
- Sleep & relaxation
- Financial education
- Transition points

WELCOME

ASSESSMENT & PROGRESS IN PSHE

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of unit Quizzes
- ✓ Graduation portfolios

SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities and British Values
- 2) Celebrating Diversity and Equality
- 3) Relationships & Sex Education
- 4) Staying Safe Online & Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

RSE 2020 COMPLIANT

HEALTH 2020 COMPLIANT

GATSBY BENCHMARKS

CURRICULUM OVERVIEW