The Hayling College (PSHCE) Overview – Year 9

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic(s)	Health and Wellbeing Careers unit	Life Beyond School Essential Life Skills Ethics and philosophy	Relationships and Sex Education	Relationships and Sex Education	Rights, Responsibilities & British Values Ethics and philosophy	Staying Safe Online & Offline
Topic Objectives	Expand and further investigate emotional wellbeing and mental health, the factors which affect and how, when and where to seek help and support.	Understand different aspect about life beyond school resilience, first aid, saving and money management, happiness and anger management.	Expand and further investigate healthy relationships, sexual consent, laws around sex and consent	Investigate different types of contraception and choices surrounding pregnancy. Understand the risks of sexually transmitted infections	Combatting Extremism & Terrorism pupils will learn what extremism and terrorism is and how it affects family and society	Investigate different types of drugs and laws surrounding drugs and use. To understand that drugs can be addictive and how different drugs affect the body in different ways.
Acquired Knowledge/Skills	Students will be able to: Evaluate a variety of factors that impact body confidence To define the term self-esteem and explain how it impacts us To explore why people do not necessarily respond in the same way to similar situations, and that different people may express their feelings in many different ways.	Students will be able to: To evaluate the importance of resilience and learning from mistakes and failures How to perform first aid, including CPR, the use of defibrillators, choking and basic treatment for common injuries To explore why it's OK for us to explore our own feelings and emotions	Students will be able to: • Define and evaluate the meaning of consent • Evaluate the reasons why people choose to have sex • Explain the consequences of pornography • Identify the risks and implications of sexting • Summarise and understand the age of consent Understand the laws that exist surrounding sex	Students will be able to: • Explain the link between lifestyle and fertility • Understand how fertilisation leads to pregnancy and birth • Identify choices around pregnancy • Distinguish fact and myth surrounding contraception • Analyse a variety of contraception methods Summarise facts surrounding sexually transmitted infections	Students will be able to: To define the terms extremism, terrorism and radicalisation To understand the different types of extremism To understand how extremist views can lead to acts of terrorism Investigating radicalisation through a case study	Students will be able to: • To define the term drug and understand the different forms it can take • To explore why people use drugs • To evaluate the impact drug use is having on society • To define the term substance addiction • Visit from Janine Milburn to talk to pupils about what happened to her daughter Georgia
Assessments	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self-reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding