

The Hayling College PSHCE Overview – Year 7

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic(s)	Health and well-being	Online and offline safety	Relationship Education	Living in the wider world -Celebrating Differences	Living in the wider world - Rights, Responsibilities	Living in the wider world -Careers and money
Topic Objectives	Recap and expand transition challenges from Y6 to Y7, challenges and support. Introduction to puberty, emotions, physical changes including menstruation personal hygiene	Introduction to staying safe online including peer pressure, bullying, grooming.	Friendships, Respect & Relationships Unit healthy and unhealthy friendships including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships	Introduction to gender, stereotyping and prejudice. Protective characteristics under the Equality Act 2010	Citizenship What are British Values and how does Politics & Parliament affect me.	Introduction to careers and your future and how to manage your money.
Acquired Knowledge/Skills	Students will be able to: - To describe the emotional, social and physical changes that happen during puberty - To empathise with those that are starting puberty and understand how to support them - Will understand that girls and boys develop differently during puberty. - I understand the ways in which diet, exercise, hygiene and sleep contribute to being healthy - To understand how important personal hygiene is and how to achieve it	Students will be able to: - I can explain what a gut feeling is and how it links to my intuition - I can identify a range of risks associated with 'being online' - I know how to mitigate any potential risks associated with being 'online' and where to go to seek further help and support - Understand the causes of why young people might want to join a gang - Understand the consequences of breaking the law and engaging in criminal behaviour - Understand the terms Grooming, County Lines - Examine case studies*	Students will be able to: - To understand the wide range of relationships young people have - To understand that different types of relationships will work in different ways - To consider the differences between people and learn how to respect those differences - To understand what constitutes consent and why consent should always be respected - Describe how family relationships affect wellbeing - Understand that both adults and children have roles and responsibilities within families	Students will be able to: - To identify different forms of prejudice and discrimination e.g. age, racial, gender protective characteristics etc. - To consider how we can ensure equality for all in society - To evaluate how cohesive Britain really is - To evaluate whether the UK is doing enough to ensure equal opportunities for everyone - To explore the brief history of Anti-discriminations laws passed in the UK	Students will be able to: - To describe the makeup of parliament and the main roles it performs - To understand the role of a local MP - To evaluate whether MP's are doing a good job at running the country and representing our views in Parliament - To understand the impact politics has on everyday life - To explore the History of the UK Parliament - To evaluate why it's better to live in a democracy rather than a dictatorship	Students will be able to: - To understand the meaning of the word career - To be aware of how careers education can help you plan for the future - Recognise the limitations of making career choices based on 'dream' ideas - To be aware of what considerations are involved in making realistic choices - To describe the concept of money - To explore positive and negative uses for money
Assessments	Beginning of topic confidence trackers of self- reflection. End of topic summative reflection What I have learnt mind map and EOU quiz.	Beginning of topic self- reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self- reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self- reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self- reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding	Beginning of topic self- reflection. End of topic summative reflection. Formative tasks in each lesson to show understanding