



Use your communication
and problem-solving skills
in a variety of possible jobs

Study Personal development at Further Education and University in a range of Health and ethics courses.



Colleges are
required to deliver
personal
development at KS5

YEAR
12

Exam revision
techniques. In
preparation for your
GCSE exams

RSE – Sexual health unit



Adult Health and looking after
yourself and your future,
checking for abnormalities.

Applying for college

YEAR
11

Staying safe,
life beyond
school

Equality opportunities and protective
characteristics

Health and
well-being.
Self-harm , suicide
and where to seek
help

Career unit and work
experience

Combatting extremism, terrorism,
radicalization and antisemitism.

Learning about abuse and
discrimination

YEAR
10

Dealing with grief and loss

Ethics and Philosophy unit

RSE, Sexualisation of the media,
domestic abuse, the dangers of
porn.

Violence, crimes and
seeking safety

YEAR
9

Rights and responsibilities and
British values, Democracy, rule
of law, respect and tolerance
and individual liberty.

RSE Identity relationship
and sex education

Staying safe online and
offline. Cyber-bullying
and grooming dangers

Health and well-being
Physical health

YEAR
8

Rights and
responsibilities

Essential life skills/
equality and diversity

Life beyond School – proud
to be me exploring careers

Staying Safe
online and offline
Understanding
the dangers of the internet

Puberty Workshop
period products and wet
dreams. Period poverty

Puberty and body
development –
Understanding changes
that happen to your
body.

YEAR
7

Explore ways of
solving problems

Develop trust and
respect for other
people's ideas

Understanding
right and wrong
and
consequences

How to keep myself
healthy

PRIMARY

Relationship
Education

Developing
resilience

Gain a basic
awareness of
what empathy is

