

The Hayling College																																																						
PSD																																																						
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39															
	Autumn 1							Autumn 2							Spring 1							Spring 2							Summer 1							Summer 2																		
Year 7	Base Line Assessments	Healthy Lifestyles Health Introduction Diet & Nutrition Eating responsibly Exercise and keeping active Consequences of an unhealthy lifestyle							Health and Well-being The dangers of Smoking & Alcohol Puberty What to expect Introduction to Mental Health Issues (Depression focus)							Data Drop	Relationships (SRE) Friendships Family Relationships Love & Relationships Sex and Relationship Education							Relationship (SRE) Bullying or Banter Cyber Bullying Positive Relationship Personal Identity & Development Celebrating difference Terrorism & Radicalisation							Data Drop	Living in the wider world & Citizenship Understanding Money Budgeting, saving, Loans & interest Financial Products Shopping Ethically							Living in the wider world & Citizenship Self-Esteem Rights and Needs Social Media Stereotyping Prejudice Racism Focus							Activities Week	Living in the wider world & Citizenship Self-Esteem Rights and Needs Social Media Stereotyping Prejudice Racism Focus							Data Drop
Year 8	Health and Well-Being Personal development Self-Confidence Managing Behaviour Stereotyping Discrimination & Prejudice (Disability Focus) Personal Safety							Health and Well-Being Smoking/Vaping/ Alcohol Mindfulness Promoting Positive Mental Health Emotional Literacy How do you learn best Different Types of learners							Data Drop	Relationships (SRE) Safe Sex and Contraception Good Sexual Health Consent Sexting Pornography							Relationships (SRE) Prevent Radicalisation Extremism Islamophobia British Values Domestic Conflict Body Image							Data Drop	Living in the wider world/Citizenship Internet Safety Caring of the environment Careers & Development Entrepreneurs Employability Success Story							Living in the wider world/Citizenship Finance- and exporting and S Tax							Activities Week	Living in the wider world/Citizenship Finance- and exporting and S Tax							Data Drop	
Year 9															Data Drop	Health and Well-Being Focus Day (March) Health Managing Stress SRE-Consent/sexuality/ Positive Relationships							Data Drop								Data Drop								Activities Week								Data Drop							
Year 10								Health and Well-being Focus session Mental Health Improving your Mental Health Exam Preparation Focus							Data Drop	SRE Focus session Contraception STI's Sexting and social Media The Law LGBT+ (hate crime) Sexuality							Data Drop								Year 10 Exams							Work experience								Data Drop								
Year 11								Exams (All subjects)							Data Drop															Pixl Exams - Eng/ Ma/Sc	Data Drop								Year 11 Exams															